



Who will benefit from this workshop

This workshop will be of value to parents whose child has already had a psychological assessment, want to understand more, and what to do next.

But this workshop will also be of value to parents who are considering a psychological assessment for their child or waiting for a school assessment. Knowing what to expect, what to ask, and what to do, can be very valuable during the assessment process.

This Workshop will also be useful to teachers, assistants, and community workers who want to know more about Learning and Behavioural Disabilities and the use of psychological assessments. The workshop can be tailored to a particular group or organization's needs.



Workshop Expectations

Each workshop is 2 hours long and each group member commits to attending all three sessions. This ensures that group members have a chance to know each other and feel comfortable revealing personal information.

Parents and Caregivers whose child has already had an assessment should bring a copy of that assessment with them, as well as any specific questions about that assessment.

If the assessment was done by someone other than one of the facilitators then it would be useful to provide the facilitators with a copy ahead of the Workshop.

The group will be flexible in its content and in its process to best meet the needs of the participants. Participants are encouraged to suggest topics for discussion.

If the group wishes, additional sessions can be added to the Workshop to address other topics or needs.



Fees

The fee for this Workshop is \$120 per person for the three part series, with each Part being about 2 hours in length. Fees are paid prior to the First Session. Additional sessions in extended workshops are \$40 per 2 hour session.

If the workshop can be paid for under Extended Health Benefits or through an Employee Assistance Program, then the number of sessions is adjusted accordingly. We will be pleased to discuss this with you.



Understanding and Assisting Your Child with a Learning or Behavioural Disability

A Workshop for Parents, Care Givers, and Resource People



Quinte Assessment and Treatment Group Inc.

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Quinte Counselling Services Inc.

Quinte Counselling Services Inc., and Quinte Assessment and Treatment Group Inc., together provide a full range of Clinical and Consulting Services to clients in Central and Eastern Ontario.

Confidential Appointments in a private setting can be arranged for the daytime, evening or weekend. Many services are covered in whole or in part by Employee Assistance Programs and Extended Health Benefits.

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A Workshop for Parents, Care Givers and Resource People

**Dr. Mark Langewisch
Eva Mourelatos M.A.**

Having a learning or behavioural disability affects every part of a child's life - their school life, their home life and their friendships. Helping your child come to terms with their disability, and helping them learn new ways of addressing their challenges is a daunting and difficult responsibility. Learning more about the disability and its effects, how to approach helping your child, how to help the child work with their strengths, and how to obtain additional resources are all invaluable tools for a parent, caregivers, or resource person.

This three part workshop is designed to help parents and caregivers understand the psychological assessment process, understand the results, and then learn new ways of assisting their child deal with their learning or behavioural disability.

The workshop will be both informative and interactive with the opportunity for parents to discuss their child's specific characteristics and situation.

Part 1: Understanding the Psychological Assessment

- The Psychological Assessment process and what can it tell us.
- What do the test results mean?
- Understanding the results and Recommendations and making them happen

Part 2: Assisting and advocating for your child

- What can we do to help our child at home?
- What can and should we expect from the school system?
- How can we help teachers understand our child better?
- What resources are available to us?

Part 3: The specifics for your child

- This session will be devoted to addressing the specific Psychological Assessment results, recommendations, resources opportunities, and challenges of the children of the Workshop participants

Ample opportunity is provided in each session to discuss the participants' individual situations and questions, bring up specific topics, share experiences, and problem solve.



Enrolling in the Workshop

Parents and caregivers can self refer or referrals will be accepted from a clinician, community organizations, teachers, or doctors. The workshop is run on a regular basis when there are sufficient participants.

The Workshop can also be run on request for a parent group, school or community organization, and modified as required. Contact our receptionist for information on the scheduling of the next workshop, or arranging a special workshop.

